



IN HONOUR OF CHARLIE

When Charlie arrived 13 weeks early, weighing just 1 lb 10 oz, his parents' world changed overnight.

Their expectations for birth and new parenthood were replaced with a 14 week journey that began at the Sunnybrook Neonatal Intensive Care Unit (NICU). At times, bringing Charlie home felt almost impossible. But 8 weeks after being born, he was transitioned to the NICU at Lakeridge Health Oshawa, just 10 minutes from home.

Charlie's mom, Dr. Sarah Ritchie, practices Family Medicine Obstetrics at Lakeridge Health, caring for mothers and babies every day. When roles were reversed and Sarah became a NICU parent herself, she experienced firsthand how compassionate staff and vital, donor-funded equipment make all the difference for families.

“Experiencing Charlie’s journey as a parent gave me a new perspective on our team’s incredible dedication. It made me so proud to be part of this community.” Sarah shared.

Thanks to generous donor support, Charlie received life-saving care close to home. High-flow oxygen machines, funded by community donations, made his early transfer to Lakeridge Health

possible. Community support has also funded other essential equipment for the NICU, like the biliblanket system which is used to manage jaundice.

“It meant so much to our family to be near home while Charlie grew stronger.” Sarah said.

Today, Charlie is thriving, recently celebrating his first birthday – a milestone that once seemed impossible. His family celebrated by making a donation to the NICU in his honour and asking others to do the same.

If your family is looking for a special way to celebrate one of life’s milestones, making a donation to Lakeridge Health Foundation is a meaningful way to do so, while also supporting local health care for families like Sarah’s. Because when it comes to health care, close to home matters.

Less tax for you, more equipment for our hospital.

We all deserve exceptional health care close to home, but government funding rarely covers specialized hospital equipment and technology. Donations from community members like you are vital for advanced patient care.

Donating to charity also means taking advantage of government incentives that reduce our income taxes. The charitable donation tax credit and elimination of capital gains tax on gifts of securities are designed to encourage giving to charity. By making donations and as a result paying less tax, we're essentially choosing where to direct dollars that would otherwise be directed by our governments. These incentives empower us to make decisions about what is funded in our own communities.

There are many ways to support local health care, including planned gifts such as donating gifts of stock or setting up a legacy gift in your Will. The best hospitals thrive with community support. **Learn more at** www.MyLakeridgeLegacy.com.



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SEEING CLEARER

In 2023, your support helped bring the da Vinci Surgical System to Lakeridge Health, and this year, your generosity has gone even further to help advance cancer care in Durham Region!

Donor support recently helped fund an important piece of equipment used alongside the surgical robot - the ARIETTA 850 Ultrasound Machine.

This equipment allows robotically trained medical staff, like Urologists Dr. Ernest Chan and Dr. Samir Sami (pictured), to get a clearer image during robotic-assisted surgical procedures. As a result, less patients need to travel outside of Durham Region for specialized care.



Thanks to your support, we can continue to equip medical experts like Dr. Chan and Dr. Sami with the tools they need to provide exceptional care for our community!



YOUR GRATITUDE COMES FULL CIRCLE

This past February, we introduced our new Gratitude Wall at Lakeridge Health Oshawa to showcase staff members, teams and volunteers who have been recognized for their compassionate care through our Circle of Gratitude program.

Photos of those who have been recognized, sometimes accompanied by the special messages passed along

by our donors, are displayed in the hallway on the first floor of our Oshawa Hospital, near the Foundation office.

Making a gift through the Circle of Gratitude program is a heartfelt way to say thank you, while also helping ensure other patients can receive high-quality care, close to home. **To learn more, visit www.CircleofGratitude.ca or call Leah at 905-576-8711 ext. 33139.**

SPOTLIGHT: COMMUNITY PARTNERSHIP



Turning the Never into Now

For Wesley and his family, a visit to Grandview Kids can bring feelings of both comfort and fear. Born with cerebral palsy, Wesley visits the beloved Ajax-based children's treatment centre three times per year for procedures to relieve his muscle spasms, some of which involve up to 11 injections per session without sedation.

Though necessary, it can be an uncomfortable experience.

"My son shouldn't be afraid of what makes him feel better," says Wesley's mom Abby. And Wesley isn't alone. Due to long wait times and a lack of local services, children and youth with physical, developmental and communication needs in our community are turned away from traditional hospital settings, sometimes multiple times, when they seek urgent accessible medical procedures with sedation.

To help address this issue, this past spring Lakeridge Health and Grandview Kids launched a first-of-its-kind partnership with plans for a unique outpatient procedure room to provide urgently needed sedation-supported care for Grandview Kids clients.

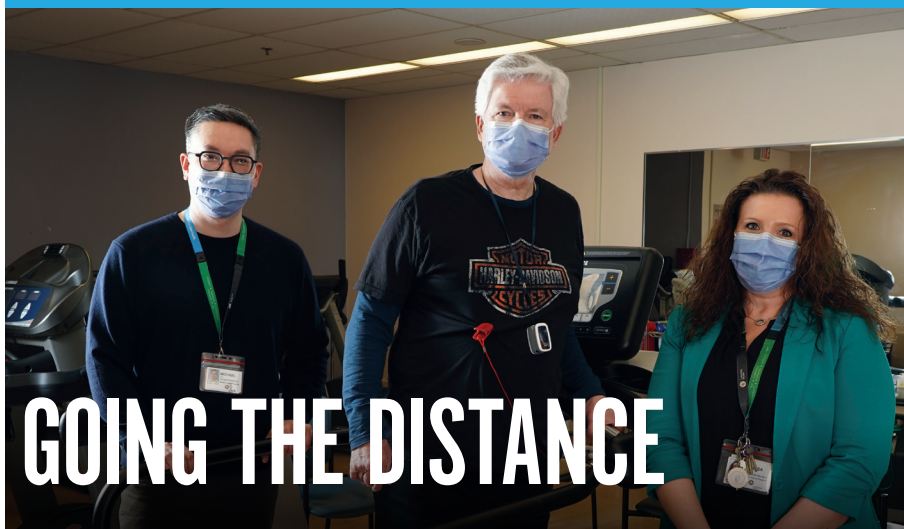
"When we first heard about this project, we were so excited to have this much-needed service close to home. We were so relieved," says Abby. "It's hard watching your child go through so much, and not being able to get the right care when they need it."

To make this goal a reality, our Foundation asked for your help. Hundreds of donors in our community, including the O'Regan and Yetman Families who generously matched all gifts to support this initiative up to \$50,000, came together to help raise support for the tools needed to equip this room for sedation-supported care.

Once all equipment is fully funded, this new service will allow Lakeridge Health's expert medical staff, including an anesthesiologist, pediatrician, and surgical nurses to perform medical procedures on-site at the Grandview Kids new headquarters in Ajax once per month, increasing access to care by 4x.

We've reached **\$300,000** of our \$1 million goal to support the exciting Lakeridge Health-Grandview Kids partnership but there's still a ways to go!

For updates and to learn more visit www.LiveHereGiveHere.ca or call the Lakeridge Health Foundation team at **905-433-4339**.



On the first floor of our Whitby Hospital, you'll hear the whir of treadmills and stationary bicycles coming from the Respiratory Rehabilitation Clinic.

This clinic supports many patients as they learn to control their breathing and exercise safely to support their recovery after a medical procedure or treatment.

One such patient, John, found himself at the Respiratory Rehab Clinic after being diagnosed with pulmonary fibrosis, a condition that affects the lungs and makes it difficult to breathe.

John required therapy and specialized care at the Whitby Hospital to qualify for a lung transplant, and while completing

his therapy learned of the need for a new specialized treadmill. John and his wife Marilyn decided to generously fund this equipment as a gift of thanks for the excellent care he received.

With John and Marilyn's donation, the Clinic has been able to increase the number of patients they can support from 12 to 18 per day.

Donations to support the current needs of our Whitby Hospital make a tremendous impact for our patients in programs like Respiratory Rehabilitation, Dialysis, the Positive Care Clinic, Complex Continuing Care and more.

To learn how you can support the current needs of our Whitby Hospital, visit www.LHFfoundation.ca.

Thank you for your support – Connect with us!

Have a story to share?

We'd love to hear it. Contact Adrienne at aburns@lh.ca or **905-576-8711 ext 32784**

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YOU'RE INVITED: OUR 50TH ANNIVERSARY GALA

A Fun and Inspired Evening

Join us on Saturday, October 25 for Durham Region's most popular and impactful event! We're celebrating our 50-year history, the tremendous impact of our donors, and the exciting vision for the future of health care in Durham Region.

With a reputation for transforming unexpected spaces into glamorous venues, Lakeridge Health Foundation's 50th Anniversary Gala will take place at the Durham College Campus Recreation and Wellness Centre and feature luxurious raffle items, auctions, dinner, dancing and live music.

When you attend or sponsor the Lakeridge Health Foundation 50th Anniversary Gala, you're directly helping to advance health care in our community. Connect with local business leaders, health care experts and community advocates while enjoying an unforgettable night with your friends, family or team.

Don't miss out - tickets and tables are on sale now! Grab a friend, rally your colleagues or connect with us about unique sponsorship levels that begin at \$500.

Visit www.LHfgala.ca or call our team at **905-433-4339** for more information today.